**Blue Print Skala Setelah Try Out**

* *Blue print* optimisme

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| --- | --- | --- | --- | --- | --- |
| **No.** | **Aspek** | **Indikator** | **Sebaran Aitem** |  | **Jumlah** |
|  |  |  | *Favourable* | *Unfavourable* |  |
|  | Permanensi (lama waktu) | Siswa memiliki keyakinan percaya bahwa penyebab kejadian buruk bersifat sementara. | 1, 3, 12, 19, 25, 26, 27 | 22, 28, 29, 30 | 11 |
|  | Pervasiveness (pengaruh) | Siswa mampu melangkah dengan mantap meskiada tantangan dan halangan yang dihadapi | 5, 6, 7, 9, 31 | 10, 13, 21 | 8 |
|  | Personalization (sumber) | Kemampuan siswa dalam melihatasal masalah,dari dalam dirinya (internal) atau luardirinya (eksternal). | 8, 14, 17, 18 | 16, 23, 24 | 7 |
| **Total** | | | **16** | **10** | **26** |

* *Blue print* Resiliensi Akademik

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| **No.** | **Aspek** | **Indikator** | **Sebaran Aitem** |  | **Jumlah** |
|  |  |  | *Favourable* | *Unfavourable* |  |
|  | *Perseverance* | 1. Tidak mudah menyerah. 2. Fokus pada rencana dan tujuan | 2, 3  5, .6 | 1  4 | 6 |
|  | *Reflecting and adaptive help-seeking* | 1. Menyadari penyebab ketika mengalami kesulitan. 2. Mencari bantuan atau solusi | 8  12 | 9  11, 13 | 5 |
|  | *Negative affect and emotional response* | 1. Mengontrol emosi 2. Optimis | 14, 17  18 | 15. 16  19, 20 | 7 |
| **Total** | | | **9** | **9** | **18** |

* *Blue print* SWB

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| --- | --- | --- | --- | --- |
| **No.** | **Aspek** | **Aitem** | | **Jumlah** |
| ***Favorable*** | ***Unfavorable*** |
|  | Kepuasan Hidup | 26,25 | 19,1 | 4 |
|  | Afek positif | 24, 23, 22, 21, 20, 9 | 18, 2, 17, 3, 16, 15 | 12 |
|  | Afek negatif | - | 4 | 1 |
| **Total** | | **8** | **9** | **17** |